

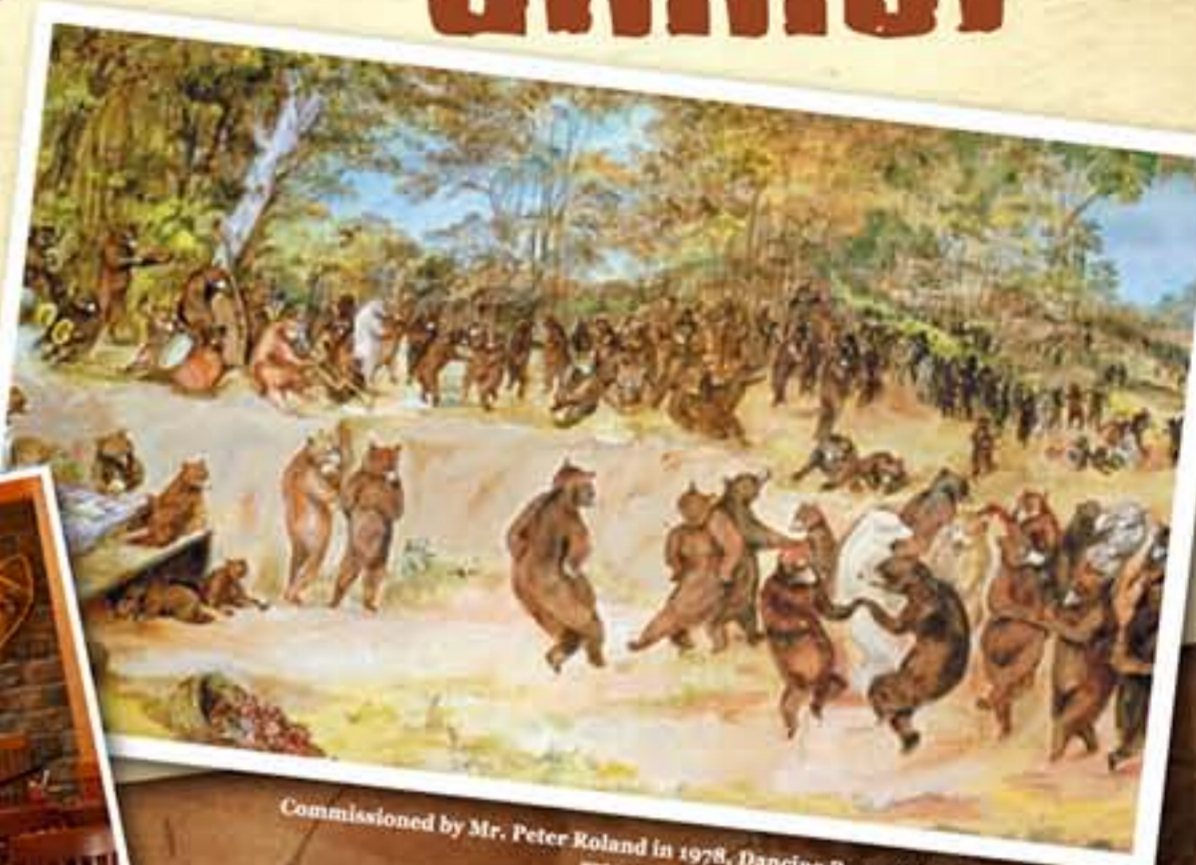
# refresh

SODAS	JUICES	COFFEE & TEA	AND MORE
Coke	Cranberry	Allegro Organic Coffee	Milk - Whole, Two Percent or Skim
Diet Coke	Grapefruit	- Regular	\$2.25 EACH
Sprite	Orange	- Decaffeinated	Chocolate Milkshake
Mr. Pibb	Pineapple	Allegro Organic Teas	Vanilla Milkshake
Orange Soda	Tomato	- Six delicious flavors	\$3.50 EACH
\$2.50 EACH	Apple	Wild Berry Tea Sparkler	
	Iced Tea	\$4.50 EACH	
	\$2.50 EACH		



# lunch & dinner

dancing days are here again



Commissioned by Mr. Peter Roland in 1978, Dancing Bears Wall Mural inspired by "The Bear Dance" by William Holbrook Beard c. 1870



## heart & soul

Of Lake Placid

Over three decades ago, Peter Roland, patriarch of our Century Of Hospitality, commissioned an interpretation of William Beard's famous 1870 painting "Dancing Bears" for the Olympics. This myth reflects why Lake Placid and the Adirondacks have always been special.



For centuries, Algonquin tribes are said to have observed bears "dancing" on lakeshore. Romantics feel this reflects the natural euphoria of wild beauty celebrating life. Cynics decry bears can't dance. We choose the former, which is both why we live here and how we want you, your family and friends to feel.

Anchoring Main Street, High Peaks Resort - and our Dancing Bears - remains the heart and spirit of Lake Placid. More than 30 years after our 1980 Lake Placid Olympic celebrations started, and perhaps thousands of years after Dancing Bears first began their Adirondack tradition - fun and celebration still radiate out from here like light from an ancient campfire.

Thanks for joining us. Have Fun!



We're glad you're here. Shake the frost off your fur and rest your paws - enjoy yourself while you have an unbearably good meal.

Welcome to Dancing Bears - Lake Placid's world-famous celebration destination - where everyone celebrated the 1980 Olympics every day, from gold medal athlete to adoring spectator. Then and now, our food is always hot and hearty, the beer cold and drinks flow until your thirst is gone and your victory cheered.

Enjoy our "Bear Dance" mural - it's our history, our home, our promise - our uniquely Adirondack myth we echo for your pleasure here in Dancing Bears.



For Correspondence only

Wish You Were Here!  
Just watched Jack Shea win 2 Gold Medals! Sonja Henie defended her world title! The US won 12 medals - more than any other country!

-Bill

POST CARD

For Address only

Franklin Roosevelt  
c/o  
White House

## start and share

- BAKED ONION SOUP** - \$5.95  
topped with Gruyere and Parmesan cheese
- NEW ENGLAND CLAM CHOWDER** - \$4.95  
served with oyster crackers
- ROADHOUSE SIRLOIN & BLACK BEAN CHILI** - \$5.95  
with cheddar cheese and diced onion
- BUFFALO-STYLE CHICKEN WINGS** - \$7.95  
tossed in our homemade sauce and bleu cheese dressing
- CORNMEAL-DUSTED CALAMARI** - \$7.95  
tomato-basil sauce
- JUMBO SHRIMP COCKTAIL** - \$9.95  
spicy horseradish sauce
- SHRIMP TEMPURA** - \$8.95  
sweet Thai chili sauce



Freeze Your Glass Off!  
\$2 Draft Pints  
Daily 4pm - 7pm

## nachos

- OUR CLASSIC NACHO PLATTER** - \$8.95  
topped with cheddar cheese, tomatoes, jalapeños, black olives, sour cream and guacamole
- STEAKHOUSE NACHOS** - \$9.95  
cheddar cheese sauce, grilled skirt steak, mushrooms, onions and tomatoes
- HAWAII FIVE-O** - \$9.75  
cheddar cheese, Spam, pineapple, tomatoes, black olives and jalapeños
- TERIYAKI CHICKEN NACHOS** - \$9.75  
our cheese blend, grilled teriyaki chicken, water chestnuts, bean sprouts and green onions
- MALIBU NACHOS** - \$9.50  
cheddar cheese, roasted vegetables, tomatoes and guacamole
- ROADHOUSE CHILI NACHOS** - \$9.50  
the classic with our homemade chili

## gourmet burgers

- burgers include french fries or chips and a pickle
- THE CLASSIC** - \$8.95  
8oz Angus beef, lettuce, tomato, onion, pickle and choice of cheese
- THE SANTA FE BURGER** - \$9.50  
fajita seasoning, roasted peppers, onions and pico di gallo
- JAMAICAN ME CRAZY** - \$9.50  
Jerk seasoning, Pickapeppa sauce, lettuce, tomato, onion and mozzarella
- BAYOU BURGER** - \$9.50  
Cajun seasoning, remoulade sauce, roasted peppers, fried onions and pepper jack cheese
- THE BERKELEY** - \$9.50  
avocado, Russian dressing, lettuce, tomato and onion
- THE CUBANO** - \$9.50  
grilled ham, mustard, pickles, tomato, and Swiss cheese
- B,B&B** - \$9.75  
bacon, barbecue sauce, bleu cheese, lettuce and tomato
- THE MILANO** - \$9.50  
provolone cheese, basil pesto, lettuce, tomato and onion
- TURKEY BURGER** - \$9.25  
lettuce, tomato, onion, American cheese and cranberry relish
- PORTOBELLO "BURGER"** - \$9.25  
fire-roasted portobello mushroom, peppers, onions, lettuce, tomato and provolone cheese
- THE MARCY BURGER** - \$14.95 | suitable for 2  
two 8-ounce burgers, portabella mushroom, grilled onions and cheddar cheese

## what's hot

- STOUT MARINATED SKIRT STEAK** - \$16.95  
char-grilled with smashed potatoes, mushrooms and crispy onions
- PESTO CHICKEN & PENNE PASTA** - \$14.95  
mushrooms, onions and tomato-basil sauce
- FISH & CHIPS** - \$14.95  
Atlantic haddock, fresh-cut fries, tartar sauce and malt vinegar
- SIZZLING FAJITAS**  
served with grilled onions and peppers, salsa, sour cream, guacamole, Vermont cheddar and soft flour tortillas
- CHICKEN** - \$13.95 | **SKIRT STEAK** - \$14.95  
**GULF SHRIMP** - \$15.95  
**PORTOBELLO MUSHROOM** - \$13.95
- GRILLED SWORDFISH STEAK** - \$16.95  
fresh herbs, garlic butter and smashed potatoes
- BABY BACK RIBS** - \$15.95  
full rack with orange-mango BBQ sauce and slaw
- NEW YORK STRIP** - \$15.95  
10 ounces, fresh herb butter, baked potato and seasonal vegetable
- MACARONI & CHEESE** - \$13.95  
Cheddar, Gruyere and Parmesan cheeses, with buttered bread crumbs

perfect just prior to hibernation!

## roughing it

- SMALL HOUSE SALAD** - \$2.95  
with fresh garden vegetables
- CAESAR SALAD**  
SMALL \$5.95 | LARGE \$7.95  
**WITH GRILLED CHICKEN** \$10.95 | **WITH GRILLED SHRIMP** \$11.95  
romaine spears tossed with our Caesar dressing and Parmesan croutons
- GRILLED CARNE ASADA SALAD** - \$11.95  
marinated skirt steak on top of baby greens, garden vegetables, avocado, pico di gallo and tortilla crisps
- TAVERN COBB SALAD** - \$10.95  
baby greens topped with smoked turkey, bacon, hard-cooked eggs, bleu cheese and avocado
- BUFFALO CHICKEN SALAD** - \$11.95  
crispy boneless chicken breast tossed in our special sauce on top of romaine lettuce, carrots, celery and bleu cheese dressing

## unbearably good sandwiches

- sandwiches include french fries or chips and a pickle
- MAIN STREET SLIDERS** - \$8.95  
three mini wagyu beef cheeseburgers
- LOBSTER ROLL** - \$15.95  
Maine classic served on a grilled roll
- CUBAN PANINI** - \$9.25  
roast pork, ham, spicy mustard, pickles and Swiss cheese
- VEGGIE PANINI** - \$8.25  
marinated grilled veggies, drizzled with balsamic
- CLASSIC TURKEY CLUB** - \$8.95  
toasted sourdough bread, maple-cured bacon and smoked turkey
- OPEN-FACED GRIDDLED REUBEN** - \$8.95  
lean corned beef, sauerkraut, Swiss cheese and Russian dressing on marbled rye
- RACHEL SANDWICH** - \$8.95  
our reuben sandwich made with smoked turkey
- GRILLED CHICKEN SANDWICH** - \$8.95  
topped with cheddar cheese, avocado, tomato and chipotle mayonnaise
- CHEESE STEAK GRINDER** - \$8.95  
shaved steak, onions, peppers and Velveeta cheese on a fresh grinder roll
- BEER-BATTERED FISH SANDWICH** - \$9.95  
fresh haddock, lettuce, tomato and tartar sauce on a soft kaiser roll

Fresh air does a bear good - join us for food, libations and spectacular views on our seasonal outdoor deck



## on the side

- FRIES** - \$3
- MASHED POTATOES** - \$3
- BAKED POTATO AND SOUR CREAM** - \$4
- ONION RINGS** - \$4
- MACARONI & CHEESE** - \$6
- FRESH VEGETABLE** - \$4

## why settle for honey?

- TRIPLE CHOCOLATE CAKE**
- NEW YORK CHEESE CAKE**
- CARROT CAKE**
- SELECTION OF ICE CREAMS & SORBETS**
- \$6 EACH**

## pizzas

- FOUR CHEESE PIZZA** - \$9.95  
mozzarella, Parmesan, fontina and asiago cheese and our homemade sauce
- MUSHROOM PIZZA** - \$11.95  
a white pizza with sauteed mushrooms, fontina cheese and white truffle oil
- PIZZA MARGHERITA** - \$10.95  
plum tomato sauce, basil and mozzarella cheese
- PROSCIUTTO & ARUGULA PIZZA** - \$11.95  
topped with asiago cheese, roasted garlic and baby arugula
- PIZZA CORDON BLEU** - \$11.95  
fresh tomatoes, smoked ham, roasted garlic, Gruyere and Parmesan cheeses
- BUFFALO CHICKEN PIZZA** - \$11.95  
chicken breast, Frank's hot sauce, bleu and mozzarella cheeses
- BACON CHEESEBURGER PIZZA** - \$11.95  
ground beef, applewood bacon, cheddar cheese, lettuce, tomato and red onion
- RIO GRANDE** - \$11.95  
chorizo, ground beef, peppers, onion, jalapeños, fresh tomatoes and mozzarella
- TOPPINGS** - \$1.00 EACH  
sausage, pepperoni, mushrooms, onions and peppers

## cubby bear menu

not too big - not too small... but just right  
12 & under | includes choice of milk, juice or soda

- MAC & CHEESE** - 5.95  
Kraft macaroni & cheese, tossed garden salad
- HOT DIGGITY DOG** - 5.95  
Kosher hot dog, fries & fresh fruit
- GRILLED CHEESE** - 5.95  
fries & fresh fruit
- CHICKEN FINGERS** - 6.25  
fries, choice of dipping sauce & fresh fruit
- GRILLED CHEESEBURGER SLIDERS** - 5.95  
twin mini burgers, fries & fresh fruit

